

# Resilient Recorders

Start with section 1 and move on as far as you are able.

If you have learnt E and D but not C and high D  
then skip to section 4

## **1** In the Bag

Staff 1 of section 1: Treble clef, 8 measures. Notes: G4 (quarter), A4 (quarter), B4 (half), G4 (quarter), F4 (quarter), E4 (half).

Staff 2 of section 1: Treble clef, 8 measures. Notes: G4 (quarter), A4 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (half), D4 (half).

## **2** All at C!

Staff 1 of section 2: Treble clef, 8 measures. Notes: G4 (quarter), F4 (quarter), E4 (half), G4 (quarter), F4 (quarter), E4 (half), D4 (half), C4 (half).

Staff 2 of section 2: Treble clef, 8 measures. Notes: G4 (quarter), A4 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (half), D4 (half).

## **3** De-lightful

Staff 1 of section 3: Treble clef, 8 measures. Notes: G4 (quarter), F4 (quarter), E4 (half), G4 (quarter), F4 (quarter), E4 (half), D4 (half), C4 (half).

Staff 2 of section 3: Treble clef, 8 measures. Notes: G4 (quarter), A4 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (half), D4 (half).

## **4** Easy does it!

Staff 1 of section 4: Treble clef, 8 measures. Notes: G4 (quarter), A4 (quarter), B4 (half), G4 (quarter), F4 (quarter), E4 (half), D4 (half), C4 (half).

Staff 2 of section 4: Treble clef, 8 measures. Notes: G4 (quarter), A4 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (half), D4 (half).

**5** Down to D

**6** Look sharp!

**7** The Big Eight

Only tongue the first of every slurred group of notes

**8** Start a new octave

Look out for dynamic markings!

**9** Doing what comes naturally

Exercise 9 consists of two staves of music. The first staff begins with a treble clef and a piano (*p*) dynamic marking. It features a melodic line with a slur over the first four notes (quarter, quarter, half, quarter) and another slur over the next four notes (quarter, quarter, half, quarter). The piece concludes with a forte (*f*) dynamic marking and a dotted quarter note. The second staff continues the melody with a piano (*p*) dynamic marking, followed by a series of eighth notes and sixteenth notes, and ends with a forte (*f*) dynamic marking and a dotted quarter note.


**10** Flat out!

Exercise 10 consists of two staves of music. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a piano (*p*) dynamic marking. It features a melodic line with a slur over the first four notes (quarter, quarter, half, quarter) and another slur over the next four notes (quarter, quarter, half, quarter). The piece concludes with a forte (*f*) dynamic marking and a dotted quarter note. The second staff continues the melody with a forte (*f*) dynamic marking, followed by a series of eighth notes and sixteenth notes, and ends with a forte (*f*) dynamic marking and a dotted quarter note.

# Resilient (Treble) Recorders

Start with number 1 and play as far as you can!

**1**



The first line of exercise 1, starting with a treble clef. It contains four measures: a quarter note G4, a quarter note A4, a half note B4, and a quarter note A4. The second measure contains a quarter note G4, a quarter note F4, and a half note E4. The third measure contains a quarter note D4, a quarter note C4, and a half note B3. The fourth measure contains a quarter note A3, a quarter note G3, and a half note F3.



The second line of exercise 1, continuing from the first line. It contains four measures: a quarter note E3, a quarter note D3, and a half note C3; a quarter note B2, a quarter note A2, and a half note G2; a quarter note F2, a quarter note E2, and a half note D2; a quarter note C2, a quarter note B1, and a half note A1.

**2**



The first line of exercise 2, starting with a treble clef. It contains four measures: a quarter note G4, a quarter note A4, a half note B4, and a quarter note A4; a quarter note G4, a quarter note F4, and a half note E4; a quarter note D4, a quarter note C4, and a half note B3; a quarter note A3, a quarter note G3, and a half note F3.



The second line of exercise 2, continuing from the first line. It contains four measures: a quarter note E3, a quarter note D3, and a half note C3; a quarter note B2, a quarter note A2, and a half note G2; a quarter note F2, a quarter note E2, and a half note D2; a quarter note C2, a quarter note B1, and a half note A1.

**3**



The first line of exercise 3, starting with a treble clef. It contains four measures: a quarter note G4, a quarter note A4, a half note B4, and a quarter note A4; a quarter note G4, a quarter note F4, and a half note E4; a quarter note D4, a quarter note C4, and a half note B3; a quarter note A3, a quarter note G3, and a half note F3.



The second line of exercise 3, continuing from the first line. It contains four measures: a quarter note E3, a quarter note D3, and a half note C3; a quarter note B2, a quarter note A2, and a half note G2; a quarter note F2, a quarter note E2, and a half note D2; a quarter note C2, a quarter note B1, and a half note A1.

**4**



The first line of exercise 4, starting with a treble clef. It contains four measures: a quarter note G4, a quarter note A4, a half note B4, and a quarter note A4; a quarter note G4, a quarter note F4, and a half note E4; a quarter note D4, a quarter note C4, and a half note B3; a quarter note A3, a quarter note G3, and a half note F3.



The second line of exercise 4, continuing from the first line. It contains four measures: a quarter note E3, a quarter note D3, and a half note C3; a quarter note B2, a quarter note A2, and a half note G2; a quarter note F2, a quarter note E2, and a half note D2; a quarter note C2, a quarter note B1, and a half note A1.



5



6



Only tongue the first of every slurred group of notes

7



Look out for dynamic markings!

8



9

Musical notation for exercise 9, consisting of two staves. The top staff has a treble clef, a key signature of two flats, and a 4/4 time signature. It contains a melody with a dynamic marking of *p* at the start and *f* later. The bottom staff has a treble clef and contains a bass line with a dynamic marking of *p* at the start and *f* later. Both staves feature slurs and various note values including quarter, eighth, and sixteenth notes.

10

Musical notation for exercise 10, consisting of two staves. The top staff has a treble clef, a key signature of two flats, and a 4/4 time signature. It contains a melody with a dynamic marking of *p* at the start. The bottom staff has a treble clef and contains a bass line with a dynamic marking of *f* at the start. Both staves feature slurs and various note values including quarter, eighth, and sixteenth notes.